

## **Policies – Randy Sellers MD PA**

### **Payment Policies:**

- Payment for services, including insurance copayments, is due at the time of service.
- Check, cash, debit, and credit card payments are accepted.
- If a check is returned due to insufficient funds, you will be charged an extra fee of \$20.
- If special circumstances have occurred that affect your ability to pay, please discuss your situation with Dr. Sellers. Unless arrangements are made for a payment plan, all accounts that are outstanding for more than 60 days past the date of service may be sent to a collection agency. You will be responsible for paying all collection costs.

### **Insurance / Fees:**

- In-network:

- Cigna Behavioral Health
- Blue Cross Blue Shield
- Medicare\*

Please pay your copay at the time of your visit.

Dr. Sellers will file claims to insurance for these 2 insurance types.

You will be responsible for payment should your insurance refuse to pay for services rendered.

\*For Medicare, Dr. Sellers will discuss with you prior to meeting how Medicare payment procedures differ from private insurance procedures.

- Fee for service, out-of-network insurance:

Most insurance policies include coverage for your visits.

Dr. Sellers will assist you in filing claims should you use your insurance benefits.

- Initial visit: \$245
- Usual psychotherapy or psychotherapy plus medication visit: \$180
- Shorter visit (often used when medication is the main focus): \$155

Due to federally-mandated changes to coding practices for psychiatric treatment implemented 1/1/2013, if you use health insurance to help pay for visits, the above charges may vary based on the complexity of issues at hand and the length of meetings.

### **Cancelations and Missed Appointments:**

- Because scheduling of an appointment involves the reservation of time specifically for you, appointments that are missed or canceled with less than **24 hours** notice will be billed to you in full (the copay plus the amount insurance usually pays). Note: insurance will not pay for missed visits.

### **Urgencies / Emergencies:**

- For routine questions or concerns please contact Dr. Sellers by leaving a message at (919)493-6600.
- If you need to reach Dr. Sellers more urgently he may be contacted by cell phone at (919)632-5912. If you are in crisis and are unable to reach Dr. Sellers please call 911 or go to your nearest Emergency Room and ask for the psychiatrist on call.

## **Policies – Randy Sellers MD PA (cont.)**

### **Ethics and Professional Standards:**

- Dr. Sellers does his best to uphold the most responsible standards possible. If you have any questions or concerns that arise during the course of your treatment it is very important to bring them up with Dr. Sellers. It is understood that you enter into treatment with Dr. Sellers voluntarily and that you may end treatment at any time. If you need help finding additional or alternative treatment services, Dr. Sellers will do his best to help you locate other resources. Also, if at any point in treatment Dr. Sellers decides he is not effective in helping you reach therapeutic goals and that the situation is not likely to improve, he will discuss it with you and, if appropriate, terminate treatment. In such a case he would provide you with the names of other mental health professionals who could provide treatment.
- Please see **Notice of Randy Sellers MD PA Privacy Policies and Practices** regarding confidentiality and privacy.

I understand and accept the policies as described above:

Your signature: \_\_\_\_\_ Date: \_\_\_\_\_

Your printed name: \_\_\_\_\_

Psychiatrist signature: \_\_\_\_\_ Date: \_\_\_\_\_